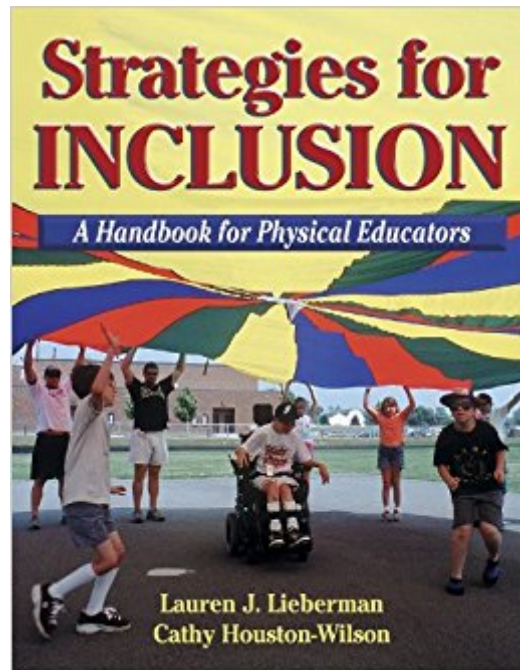




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# Strategies For Inclusion: A Handbook For Physical Educators



## Synopsis

Get up to date on the latest and most useful strategies for successfully integrating children with disabilities in physical education. *Strategies for Inclusion: A Handbook for Physical Educators* dispels myths about instructing children with disabilities and provides guidelines for appropriate inclusion in the least restrictive environment. *Strategies for Inclusion: A Handbook for Physical Educators* sets the stage with a clear discussion of current disabilities legislation and its impact on K-12 teachers. Next, using real-life examples to illustrate each point, it provides solid advice on these issues: -Making placement decisions -Developing and implementing a physical education Individual Education Plan (IEP) -Assessing students using traditional methods or creating functional rubrics for any unit -Adapting activities sports and recreation to meet unique needs -Overcoming blanket medical excuses -introducing disability/ability awareness activities -training peer tutors -using support personnel -using homework in physical education -using the community to facilitate inclusion The authors present ready-to-use skill-related rubrics for the quantitative and qualitative assessment of children both with and without disabilities. The 38 units of instruction include -16 elementary units, -11 sports units, -8 recreation units, and -5 fitness units. In each unit you'll also find flexible and creative tips to make inclusion easier, including adapting the teaching environment, using rule changes, modifying equipment, and adjusting your teaching style and methods. The book includes these useful teaching tools: -Case studies with helpful questions and answers -Teaching tips that give hands-on solutions for teachers -Discussion and comparison of assessment tools -A Unit Finder that makes it easy to locate units according to the sport or activity involved -Resource indexes with a myriad of additional tools, including a glossary of disabilities in kid terms, a peer tutor training guide, disability awareness activities, a list of organizations, equipment companies, and a list of state directors of special education *Strategies for Inclusion: A Handbook for Physical Educators* empowers current and future teachers to create inclusive classrooms where every child can fully participate in fun and health-building physical education.

## Book Information

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## Customer Reviews

Lauren Lieberman, PhD, is an associate professor in the department of physical education and sport at the State University of New York (SUNY) at Brockport. She teaches graduate and undergraduate courses in adapted physical education and coordinates five practicum programs, including Camp Abilities, a developmental sports camp for children who are blind. She conducts research in inclusion and physical activity for people with sensory impairments. She coauthored the books *Games for People With Sensory Impairments* (Human Kinetics) and *Case Studies in Adapted Physical Education*. In 1995, Lieberman earned her PhD from Oregon State University in human performance with a minor in movement studies and disabilities. While there, she taught classes in adapted physical education and coordinated a play-based program for infants and toddlers. Her research at Oregon State focused on inclusion of deaf children in physical education.

Cathy Houston-Wilson, PhD, is an associate professor in the department of physical education and sport at the State University of New York at Brockport, where she coordinates the physical education teacher education concentration. She earned her PhD in adapted physical education from Oregon State University in 1993. Houston-Wilson has taught general and adapted physical education, and she developed the early childhood inclusive motor program at SUNY Brockport. Currently, she advises school districts on appropriate inclusion of students with disabilities into general physical education.

Good Condition and helpful if you need ideas for the Special Needs students in your class

As described and quick delivery.

This book was perfect for our teachers of the visually impaired to provide to a school who was working with a blind or visually impaired child.

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